

## Questionnaire

1. How many midwives in your department do you have the impression use manual techniques to protect the perineum in the final stage of delivery?
  - Very few (< 10%)**
  - Few (10-30%)**
  - Some (31-70%)**
  - Many (71-90%)**
  - Most of them (> 90%)**
  
2. In your view, how much has the practice in your department changed in recent years?
  - No change**
  - Little change**
  - Some change**
  - Great change**
  - Complete change**
  
3. When did the greatest changes occur, *approximately*? (Skip to the next question if you answered “No change” or “Little change” to the previous question)
  - Before 2005**
  - 1st half of 2005**
  - 2nd half of 2005**
  - 1st half of 2006**
  - 2nd half of 2006**
  - 1st half of 2007**
  - 2nd half of 2007**
  - 1st half of 2008**
  - 2nd half of 2008**
  - After 2008**

Comments:

4. Does the department have written guidelines today for active support of the perineum during delivery?

**YES**     **NO**

Comments:

5. If yes: What is the recommendation? (set a cross)

**Avoid manual support**

**Ritgen's manoeuvre**

**Modified Ritgen's manoeuvre ("Finnish manoeuvre")**

**Other manual support**

**Free choice of manual support method**

Comments: