

Appendix to Elisabeth Gjerberg, Lillian Lillemoen, Kristin Weaver, Reidar Pedersen, Reidun Førde:
Advance care planning in Norwegian nursing homes.
Tidsskr Nor Legeforen 2017; 137: 447-50.
This appendix is a supplement to the article and has not been processed editorially.

Advance care planning - a mapping of practices in nursing homes

1. Name of the nursing home: 2. Municipality:

3. Position of the person completing the form:

4. How many beds are there in the nursing home?

5. What departments of the following types are there in the nursing home? (*Cross all that apply*)

Somatic long-term department

Short-term department/rehabilitation

Sheltered unit for dementia patients

Palliative unit

Other

6. How many doctors are affiliated with the nursing home? 7. Doctor-hours per week in total

8. When patients are admitted, do you have an admission interview with the patient and/or the next of kin?
(*Cross one*)

Always Usually Occasionally Rarely or never Don't know

9. Do you have written guidelines for the matters to be included in an admission interview?

Yes No Don't know

10. Which topics are usually included in the admission interview? (*Cross all that apply*)

Former life story Practical matters Information on next of kin

Questions about treatment in case of failing health Don't know

Other (*please specify*)

11. Do you practise what we refer to as 'advance care planning' in your nursing home? This means a conversation in which the patient and/or next of kin accompanied by staff seek to elicit the patient's wishes for future treatment should his or her health condition deteriorate. (*Cross one*)

Always Usually Occasionally Rarely or never Don't know

(If the answer is rarely/never/don't know, go to Question 19)

12. If the nursing home practises 'advance care planning' such as described above, do you have written guidelines for such conversations? (*Cross one*)

Yes No Don't know

13. Which topics are usually included in the 'advance care planning' sessions? (Cross all that apply)

Palliation Hospitalisation Cardiovascular resuscitation Use of antibiotics

Artificial feeding Other issues associated with the end-of-life stage and death (Please specify)
.....

14. Who participates in such conversations: (Put one cross in each line)

Who:	Usually	Occasionally	Rarely/never	Don't know
The patient				
Next of kin				
Head of department				
Nursing home doctor				
Primary contact person				
Others:				

15. When are such conversations undertaken? (Cross all that apply)

Shortly after admission When the patient's condition deteriorates At annual check-ups/interviews

When it is assumed that the patient is entering the terminal stage Repeatedly, as part of a process

16. Do you have routines for revision or renewed discussion of the patient's wishes and preferences? (Cross one)

Yes No Don't know

17. Is any special model or checklist used for this type of interview? (Cross one)

Yes No Don't know

If yes, please specify:

18. Are the patient's wishes/preferences documented in the patient records? (Cross one)

Usually Occasionally Rarely or never Don't know

18 A Are the patient's wishes/preferences documented anywhere else?

19. Would your nursing home be interested in participating in systematic implementation and evaluation of advance care planning?

Yes No

Thanks for completing the form!