

Appendix to Stig Heskestad, Anne Martha Kalhovde, Einar Steen Jakobsen, Margrete Tytlandsvik, Laila Horpestad, Inger Karin Sletthaug Runde. Drug-free psychiatric treatment – what do the patients think? Tidsskr Nor Legeforen 2019; 139. doi: 10.4045/tidsskr.18.0912.

This appendix is a supplement to the article and has not been editorially processed.

QUESTIONNAIRE

Identification of the patients' experiences and wishes regarding the treatment programme at Jæren District Psychiatric Centre (DPS). Emphasis on the various treatment elements.

The informant's code number:					
Man			Woman		
Age	Under 30 years	30–45 years	46–60 years	Over 60 years	
For how long have you been suffering from a mental disorder?					
Less than 1 month	2–6 months	6 months – 1 year	1–3 years	3–5 years	More than 5 years
Do you know your diagnosis?				Yes	No
If yes, which?					
Have you been voluntarily or coercively admitted?				Voluntarily	Coercively
Do you use medication for mental disorders?				Yes	No
If yes, for how long have you been using medication?					
Less than 1 month	2–6 months	6 months – 1 year	1–3 years	3–5 years	More than 5 years

Treatment during hospitalisation at Jæren DPS consists of multiple elements. Please tell me about your experience with these elements, grading them in the following order:

0 = No benefit at all

1 = A little benefit

2 = Good benefit

3 = Very good benefit

4 = Extremely good benefit

How much benefit have you had from counselling by a doctor or psychologist?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from counselling by nurses or social educators?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from speaking with other patients?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from groups in the unit (groups that include personnel) ?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from activities in the unit?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from medication?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from the unit's furnishing and surroundings?

No benefit	A little benefit	Good benefit	Very good	Extremely good	
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How much benefit have you had from being hospitalised?					
No benefit	A little benefit	Good benefit	Very good	Extremely good	
How much benefit have you had from free movement / your right to leave the unit?					
No benefit	A little benefit	Good benefit	Very good	Extremely good	
How much benefit have you had from physical activity/exercise?					
No benefit	A little benefit	Good benefit	Very good	Extremely good	
Other activities that have benefited you? Please specify.					
Would you want a 'drug-free treatment programme' if this were available?				Yes	No
If yes, what alternatives to drugs would you consider?					